

Meeting Schedule

1. Go over financials from previous year & the plan to financials this year as well (\$2200 & \$450 USL payment)
2. Ref Payments are increasing and we are moving to having 3 refs per game for almost all of the games
3. New Board Members - D1/D2 Ranking & D1/D2 Recognition & Player Rep
4. Reminders of Players Requirements
 - a. EVERYONE must be a member of USL including coaches \$35/person (code is WCLA_2020)
 - i. This will be audited - there is a **NEW FORM** to fill out online -
<https://www.wcla.club/memberships>
 - ii. Must be valid through 4/30/20 for the regular season
 - b. We need to have a minimum amount of stuff on the WCLA website (field location and address, parking information, picture of team and/or logo, roster, stats, president/captain contact info, schedule) due by 1/5/20
 - c. Home game requirements
 - d. WCLA Developing the League
5. Checklist for the new season & due dates throughout the year
6. New rules
 - a. Please see the attached page
 - b. Teams only need 8 games to go to Nationals
 - c. 8 randomly chosen sticks will be checked not everyone at the beginning of the game
 - d. Must get completely out of the way 8 m shot space
7. Bylaws review and make changes as necessary
8. Reminder for D1
 - a. Games must be stop clock
 - b. 2 nights in a hotel may be necessary for games
 - c. 10 games paid for by the league
 - d. 15 person minimum
 - e. Must keep stat minimums - goals, assists, ground balls, draw controls, cards, saves, shots, cards
 - f. Trainer **required** with concussion training
9. Reminder for D2
 - a. Games must be stop clock
 - b. Minimum of 12 people
 - c. Must keep stat minimums - goals, assists, ground balls, draw controls, cards, saves, shots
 - d. 10 games paid for by the league
 - e. **Do we want to require a trainer?**
10. Send social media stuff to Kelly Ann Quinn if you want it posted on WCLA Instagram! (see WCLA website)
11. Media Discussion and Website Info discussed by Katie from MSU
12. Nationals will be May 6-9 in Round Rock, TX
 - a. You **MUST** stay at the National's approved hotels (expect to pay 20K-40K)
13. New business to discuss?
14. Schedule- break into groups and complete the schedule as much as possible
 - a. Working on centrally located games with rotating home games

Due Dates & Checklist for 2019-2020 Season:

- ❑ Team Application needs to be done ONLINE and is due by the fall meeting 11/2/19
- ❑ \$450 check made out to Northwest Women's Lacrosse League due 11/2/19
- ❑ WCLA verification done (in paper) form to Mercer postmarked by **this must be stamped and signed by the registrar at the school** due 12/20/19
 - **Players can be added to the roster after this day but are not eligible for Nationals
 - **See the nwwll.weebly.com website for the word doc
- ❑ Make sure everyone on your team is a USL member (code WCLA_2020) by 12/20/19
- ❑ Fill out the online membership roster using their template by 1/5/19
<https://www.wcla.club/memberships>
- ❑ Your updated website page with details discussed due 1/5/20
 - **Include schedule, team contacts, team roster, game location
 - **Stats updated bi-monthly
- ❑ Roster to Mercer (email) due 1/5/20
 - **Include full name, position(s), jersey number and a signature of yes or no for media posting
- ❑ Team Photo to nwwll.media@gmail.com by 1/5/20
- ❑ \$2200 league dues made out to Northwest Women's Lacrosse League due 1/22/20
 - **get a start on this because schools take time for checks*

Contact Info: (360) 319-0356 is my cell

Make All Checks Out To: Northwest Women's Lacrosse League

Please send all checks to: 676 Park Lane, Monroe, WA 98272

****Late fees will be \$50 for each business day late from the above due date****

Weekly Items Due

Submitting Scores:

- When the game ends send the score by text or email to Mercer
- Scores from the last games on Sunday need to be sent ASAP to be reported

Submitting Stats:

- Must include ground balls, draw control, goals, assists, yellow & red cards, forced turnovers, goalie stats (goals against & saves)
- Stats need to be uploaded bi-weekly onto WCLA.club throughout the season
- Make sure you keep the official stat sheets filed away for the season
- Possible Fines
 - 1st time missing stats - \$50 fine
 - 2nd time missing stats - \$100 fine

Home Team Requirements

Required Just D1:

- CPR/First Aid Trainer on field at all times

Required For All:

- Official Score Sheets for each game - these NEED to be signed by refs at the end of the game
- Rules handbook (can be found online)
- First aid kit
- Lined and proper field
- Table for scorekeepers
- At least 2 tablers who can keep track of the score, yellow & red cards, the time
- 2 stopclocks
- Score flip book or electronic board
- Air horn to end halves
- Send out parking & field information the *Tuesday* before your home game weekend

Recommended:

- Extra stat sheets for the teams
- Electronic scoreboard
- Tents for weather

Visiting Team Requirements

- Roster with all players and numbers listed - typed would be nice!
- Enough stat sheets for each game

Northwest Women's Lacrosse League 2019-2020 Season Contract

The Northwest Women's Lacrosse League wanted to make a list of expectations and requirements for our teams as we continue to grow and expand our program. Our goal is to promote growth within the sport but also maintain a level of competition and commitment to the program. Therefore we have come up with a list of requirements for teams planning to play in the Northwest Women's Lacrosse League:

All teams (Division 1, 2 and 3)

- Teams must be able to pay the dues required by the league as well as those required by US Lacrosse as described in the fall meeting
 - This includes refs, league fees, championships, etc. This does not include travel.
 - League dues are non-refundable
- Every member of the team and the coaches must be current US Lacrosse members and have proof of membership.
- Teams need to have someone who is available as a contact person for their team to other teams and league
- Teams must uphold all the guidelines outlined in the NWWLL Bylaws that were voted upon by the teams including due dates and fines
- Teams must do at least 1 lacrosse outreach project or have 1 person become a referee

Division 1 & 2

- Teams must have at least 15 players (D1) and 12 players (D2) on their WCLA roster
- Teams must be willing to travel at least 3 weekends to play their games, including traveling up to 9 hours each way.

Team Name

Team Representative Name

Date

Team Representative Signature

Please Fill in the Following Information:

Facebook:

Other:

Twitter:
people

MAIN Contact Info (name, email & cell) *up to 2*

Instagram:

Website:

